



May 26th, 2016

8:30 a.m. – 10:30 a.m.

Hosted by

The Knox County Health Department

Meeting Agenda

- **8:30 – Networking & Breakfast**
- **8:45 – ETWR Business & Host Site Presentation: Winning Employees over with Better Beverage Choices**
 - Khrysta Baig, ETWR Chair, Knox County Government
- **9:05 – Support for Breastfeeding Employees**
 - Paige Huggler, Regional Perinatal Program, UT Medical Center
 - Peggy Iachetta, Regional Perinatal Program, UT Medical Center
- **9:20 – Using a Multidimensional Worksite Wellness Approach**
 - Beth West, Cherokee Health Systems
- **9:35 – Chronic Disease Self-Management for Employees**
 - Amber Ford, Community Development & Planning, Knox County Health Department
- **10:55 – A Smoking Cessation Strategy that Works for Workplaces**
 - Mandi Casteel, Community Development & Planning, Knox County Health Department
 - Karen Lacey, Y-12 National Security Complex

Address & Entrance

140 Dameron Ave. Knoxville, TN

Please enter through the front entrance on Dameron Ave. Take a right past the security desk and proceed halfway down the hallway to the elevator (left) or stairway (right). When you exit the elevator or stairway, you will see the registration table.

Meeting Room

Community Room

Upcoming Meetings

Meeting details coming soon.

July – Promoting Mental Wellness

September – Legal Issues & Funding in Wellness

November – Evidence-based Incentive Strategies