



## ETWR Three-tier Recognition Program Criteria

### Bronze

ETWR Bronze recognizes worksites that demonstrate a solid foundation for incorporating wellness into employee culture.

- <300 employees
  - 4 or more out of 12 criteria for organizational/infrastructure (must answer yes to management/key stakeholder support of worksite health promotion)
  - 1 or more out of 5 criteria for tobacco
  - 2 or more out of 13 for nutrition and lactation/pregnancy
  - 1 or more out of 8 for physical activity
  - 1 or more out of 11 for mental health, substance misuse and stress
  - 1 or more out of 7 for disease prevention
- >300 employees
  - 7 or more out of 12 for organizational/infrastructure (must answer yes to management/key stakeholder support of worksite health promotion)
  - 1 or more out of 5 for tobacco
  - 2 or more out of 13 for nutrition and lactation/pregnancy
  - 2 or more out of 8 for physical activity
  - 2 or more out of 11 for mental health, substance misuse and stress
  - 2 or more out of 7 for disease prevention

### Gold

ETWR Gold is the core recognition for sites that exemplify excellence in worksite wellness and have implemented evidence-based strategies to achieve a culture of health in their workplace.

- <300 employees
  - 4 or more out of 12 criteria for organizational/infrastructure
  - 2 or more out of 5 criteria for tobacco
  - 3 or more out of 8 for nutrition
  - 1 or more out of 5 for lactation/pregnancy
  - 3 or more out of 8 for physical activity
  - 3 or more out of 11 for mental health, substance misuse and stress
  - 2 or more out of 7 for disease prevention
- >300 employees
  - 7 or more out of 12 for organizational/infrastructure
  - 2 or more out of 5 for tobacco
  - 3 or more out of 8 for nutrition



- 1 or more out of 5 for lactation/pregnancy
- 3 or more out of 8 for physical activity
- 3 or more out of 11 for mental health, substance misuse and stress
- 2 or more out of 7 for disease prevention

## Platinum

ETWR Platinum is awarded to those who have maintained ETWR Gold status for at least one year, exemplify sustainability and prioritize quality improvement around employee wellness. These sites act as a benchmark for success.

- Previously awarded Gold status; meets or exceed Gold criteria
- Must complete internal evaluation to show sustainability or growth
- Prioritizes continuous quality improvement for employee health