

ETWR Resources Available for Request

- Custom walking route maps/signage (indoor and outdoor available)
- Walk and talk theme cards
- Fitness equipment
- Employee bike racks
- Kitchen equipment
- On-site picnic tables
- Worksite garden equipment and supplies (Various items available)
- Lactation room furniture and supplies (Various items available)
- “Breastfeeding Welcomed Here” information
- Breastfeeding in the Workplace modules
- Free mental health resources
- Random acts of kindness tokens
- Gratitude journals
- Drug Free Workplace trainings (for supervisors) offered by the Metro Drug Coalition
- Tobacco Free signage (indoor and outdoor signage available)
- Worksite wellness toolkit
- Sample policies (various policies available)
- Custom parking signage or wellness trophies (Examples: Employee of the month, Wellness Champion or Fittest Department)
- Healthy vending machine signage
- Stairwell prompts
- Scales
- Blood pressure self-management station (Table, chair, blood pressure device, educational materials, signage, etc.)