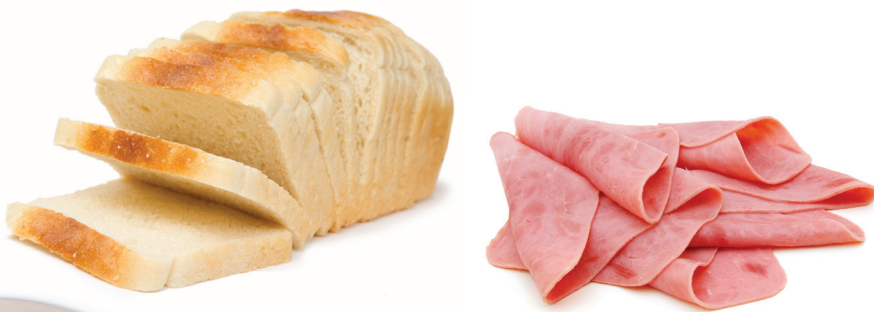


THE SALTY SIX

You might not realize how much salt is hiding in your favorite foods! These foods contribute more salt than you might think.



1. Bread
2. Deli Meat
3. Soups
4. Sandwiches
5. Burritos and Tacos
6. Pizza